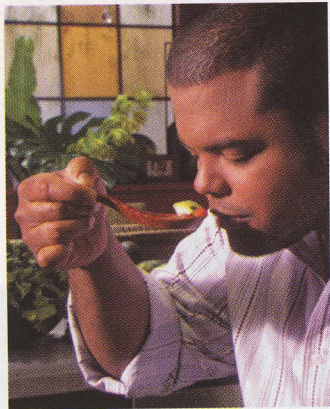


WATCH IT

EAT TO A NEW BEAT



If Roger Mooking looks familiar, either you're a foodie who frequents his Toronto restaurants, Kultura and nyood, or you were an R&B fan in the '90s and saw him in the band Bass Is Base. We like both incarnations, so we'll be watching his new show, *Everyday Exotic*, on the Food Network. He picks a daunting ingredient, such as lychee or papaya, explains its history and uses, then adds it to dishes – with the hope that viewers will be enticed to include it in their repertoire.