



Mooking, host of Food Network's *Everyday Exotic*. GEOFF GEORGE

WHAT I WATCH ROGER MOOKING

Food Network host Roger Mooking revives boring meals with innovative twists on his show, *Everyday Exotic*. But his favourite summer meal isn't fussy. It's his Dad's back-yard barbecue boiled corn with chillies and ham, a recipe that convinced him he could never be a vegetarian. When he's not in the kitchen, Mooking likes to watch cooking on TV – along with some good thriller and comedies.

LOST

I was very sick for a few days a few years ago. My wife rented *Lost: Season One* on DVD. I had just moved into a new place and we were still expecting our furniture to arrive. On the floor, shivering, I watched the entire season consecutively in those few days. There was hope, because [*Lost* character] John Locke was always in a worse position than I was at the time. Not to mention that the story twisted my brain over and over.

FOOD NETWORK

I was first a fan of Food Network before becoming "talent," as we are so affectionately called. I can tell you about all kinds of episodes of *Iron Chef*, *Restaurant Makeover* and *Sugar*. This channel is a staple at my house and it is always fun when my kids scream, "Daddy!" when my show comes on. This never gets old – they get so excited.

EVERYBODY HATES CHRIS

Chris Rock is the funniest man breathing. Truth is, I don't get to see much TV, as I work quite a bit, but if I ever stumble on this, I stop immediately and check it out. The expressions that kid has are priceless. Chris's parents on the show are just legendary, and even the sound of Chris Rock's voice makes me laugh. It is a must-stop if I can't find *Blind Date*, which would have to be my No. 3 runner up. How can you not love *Blind Date*? It's just classic jokes from top to bottom.
» Katie Hewitt