

Soul Food

Album & Song Credits

Executive Producer: Roger Mooking for KCI.
Mastered by Phil Demetro at Lacquer Channel

Carefree

Writer: Mooking
[Roger Mooking (SOCAN)]
Recorded by Byron Kent Wong
Tracking Studio: homework
Engineer: Byron Kent Wong

Umeus

Writers: Mooking / Lopata / Bellemare
[Roger Mooking (SOCAN)/ Beats N Keys Music (SOCAN)/ Enacy Music (SOCAN)]
Producer: Ron Lopata & Roger Mooking
Drum Programming: Ron Lopata
Bass: Ron Lopata
Keys: Ron Lopata
Acoustic Guitar: Justin Abedin
Saxes: Chris Gale
Trumpet: William Sperandei
Hand Clappers: RL and RM
Lead Vocals: Roger Mooking
Chorus Vocals: Roz Bell
Lets Do It Voices: Ron Lopata and Roger Mooking
Backup Vocals: Roger Mooking and Roz Bell
Engineer: Ron Lopata
Tracking Studio: Keen Music
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan

Sittin'

Writers: Redding / Cropper / Mooking / Lopata
[COTILLION MUSIC INC. (BMI) / IRVING MUSIC INC. (BMI) / Roger Mooking (SOCAN)/ Beats N Keys Music (SOCAN)]
Producer: Ron Lopata
Drum Programming: Ron Lopata
Bass: John JK Kanakis
Guitar: Justin Abedin
Keys: Ron Lopata
Lead Vocals: Roger Mooking
Background Vocals: Andrea Koziol
Engineer: Ron Lopata
Tracking Studio: Keen Music
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Contains a sample of "Sittin' On The Dock Of The Bay" (Steve Cropper/ Otis Redding) Cotillion Music Inc. (BMI), Irving Music Inc. (BMI).

Waiting on the World to Change

Writers: Mayer
[Specific Harm Music (ASCAP) / Sony ATV Music]
Producer: Ron Lopata & Roger Mooking
Drums/Percussion: Roger Travassos
Bass: John JK Kanakis
Keys: Ron Lopata
Guitars: Justin Abedin
All Vocals: Roger Mooking
Engineer: Ron Lopata
Tracking Studio: Keen Music
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan

Tinglin'

Writers: Mooking / Wong / Gallivan
[Roger Mooking (SOCAN)/S.T.N Music Publishing (SOCAN)/ Johnathan Gallivan (SOCAN)]
Producer: Byron Kent Wong & Roger Mooking
Acoustic Guitar: Jonathan Gallivan
Rhythm Guitar: Roger Mooking
Electric Guitar: BKW
Bass Guitar: Jonathan Gallivan
Live Drums: Chris Taylor-Munro
Drum Programming: BKW
Keys: BKW
Synths, MPC: BKW
Percussion: BKW
All Vocals and Vocal Percussion: Roger Mooking
Engineer: BKW
Asst. Engineer: Matt Matteer
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

Why Oh Why

Writers: Mooking / Lopata / Kanakis
[Roger Mooking (SOCAN)/Beats N Keys Music (SOCAN)/ John Kanakis (SOCAN)]
Producer: Ron Lopata, KJ Kanakis (for Year of the Monkey) & Roger Mooking
Drums: Roger Travassos
Drum programming: Ron Lopata
Keys: Ron Lopata
Bass: John JK Kanakis
Guitars: John JK Kanakis
Trumpet: William Sperandei
All Vocals: Roger Mooking
Engineer: Ron Lopata
Tracking Studio: Keen Music
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan

Champagne Dreamin'

Writers: Mooking / Lopata / Crochetiere
[Roger Mooking (SOCAN)/Beats N Keys Music (SOCAN)/ Julie Crochetiere (SOCAN)]
Producer: Ron Lopata & Roger Mooking
Drum Programming: Ron Lopata
Bass: Rich Brown
Guitars: Justin Abedin
Keys: Ron Lopata
Trumpet: William Sperandei
Sax: Chris Gale
Lead Vocals: Roger Mooking
Chorus and Bridge Vocals: Julie Crochetiere
Crunchy Sample of Julie: MPC
Engineer: Ron Lopata
Tracking Studio: Keen Music
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan

Symphony On 26th

Writers: Mooking / Wong
[Roger Mooking (SOCAN)/ S.T.N Music Publishing (SOCAN)]
Producer: Byron Kent Wong & Roger Mooking
Beatbox and Vocal Percussion: Roger Mooking
Flute, Saxophone: Isax
Programming, MPC: BKW
Bass Synth: BKW
Scratches: BKW
Keys: BKW
Percussion: Roger Mooking
Elec Guitar: Roger Mooking
Vocals and Track Whisperer: Roger Mooking
Screaming Man: BKW
Streetsounds: Toronto from the 26th Floor
Engineer: BKW
Asst. Engineer: Matt Matteer
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

Medicine

Writers: Mooking / Wong / Gallivan
[Roger Mooking (SOCAN)/S.T.N Music Publishing (SOCAN)/ Johnathan Gallivan (SOCAN)]
Producer: Byron Kent Wong
Acoustic Guitars: Jonathan Gallivan
Bass: Jonathan Gallivan
Electric Guitars: Jonathan Gallivan
Drums: Chris Taylor-Munro
Percussion: CTM and BKW
Beats : BKW and Roger Mooking
All Vocals: Roger Mooking
Engineer: BKW
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

I Wish I Could Find You Diamonds

Writers: Mooking / Wong
[Roger Mooking (SOCAN)/ S.T.N Music Publishing (SOCAN)]
Producer: Byron Kent Wong & Roger Mooking
Piano recorded by Jeremy Darby and Sam Ibbett at Canterbury Music Co.
Grand Piano: Ivana Santilli
Bass: BKW
Violins: Lindsey Hilliard
Mellotron: BKW
Organ: BKW
Lead Vocals: Roger Mooking
Background Vocals: Saidah Baba Talibah and Roger Mooking
Vocals Arranged by Roger Mooking and BKW
Strings Arranged by BKW.
Engineer: BKW
Asst. Engineer: Matt Matteer
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

Angels Dust

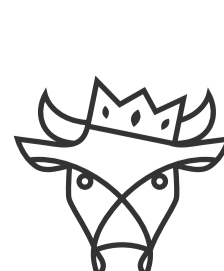
Writers: Mooking / Wong
[Roger Mooking (SOCAN)/ S.T.N Music Publishing (SOCAN)]
Producer: Byron Kent Wong
Acoustic Guitar: Jonathan Gallivan
Acoustic Guitar: BKW
Nylon String Guitar: Jonathan Gallivan
Piano: BKW
Drums: Chris Taylor-Munro
Cello: Michael Olsen
All Vocals: Roger Mooking
Engineer: BKW
Asst. Engineer: Matt Matteer
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

Sun'll Come Up Tomorrow

Writers: Mooking / Wong
[Roger Mooking (SOCAN)/ S.T.N Music Publishing (SOCAN)]
Producer: Byron Kent Wong & Roger Mooking
Beats, MPC: BKW
Additional Drum Programming: Roger Mooking
Acoustic Guitar: Jonathan Gallivan
Acoustic Guitar: BKW
Bass Synth: BKW
Keys, Synths: BKW
Percussion: BKW
Lead Vocals: Roger Mooking
Backing Vocals: Roger Mooking and BKW
Engineer: BKW
Asst. Engineer: Matt Matteer
Tracking Studio: homeWork
Mixer: Roger Swan
Mix Studio: homeWork
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer

We Don't Need No More

Writers: Mooking / Injeti
[Roger Mooking (SOCAN)/ EMI April Music (Canada) Ltd. / Chin's Chunes (SOCAN)]
Producer: Chin & Roger Mooking
Bass Guitars, Upright Piano: Roger Mooking
Acoustic Guitars: Chin
Flute: Isax
Drum Programming: Chin & Roger Mooking
Lead Vocals: Roger Mooking
Chorus Vocals: Alastair Waithe
Background Vocals: Roger Mooking & Alastair Waithe
Vocals recorded at homework and Hasting Set: Matt Matteer
Editing: Matt Matteer
Engineer: Chin & Matt Matteer
Asst. Engineer: Parlange
Tracking Studio: homeWork Studio & Hastings Set
Mixer: Roger Swan
Mix Studio: homework Studio
Mix Engineer: Roger Swan
Asst. Engineer: Matt Matteer



ROGERMOOKING